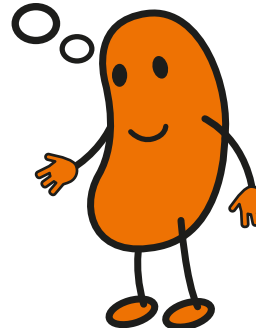




## What is a Foodbank?

The Foodbank provides 3 days of emergency food to help local families who are in a crisis.

foodbank facts



## How do you get help?

You need to have a voucher to get food. Vouchers are provided from people who help us, like doctors, schools, local charities and churches. They will ask a few questions and then issue a voucher. Your grown-up then brings the voucher and we will support with food, advice and guidance. You can have a drink, a biscuit and a play!

## How many people does Cirencester Foodbank help?

Last year we provided 4,473 parcels in Cirencester and towns and villages in the South Cotswolds. Nearly half of these went to children.

## How can you help?

You can donate food, household cleaning items and toiletries at collection points in Tesco and Waitrose, in local churches, schools and community groups. We are always really grateful for anytime your grown-ups can provide!

Cirencester Foodbank, Cirencester Baptist Church, Chesterton Lane, Cirencester, Glos, GL7 1YE.

[info@cirencester.foodbank.org.uk](mailto:info@cirencester.foodbank.org.uk) • [www.cirencester.foodbank.org.uk](http://www.cirencester.foodbank.org.uk)

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